

Feb 2020

Canterbury Underwater Club Inc. Newsletter



Canterbury Underwater Club

PO Box 2287

Christchurch 8140

www.canterburyunderwater.org.nz



Club Meeting Information

Club Meeting Summary

The minutes from December Club Meeting can be found at the end of this newsletter.

Next Meeting – Burnside Bowling Club, Tuesday 10th March.

Next club meeting will take place on Tuesday the 10th March Burnside Bowling Club - [330 Avonhead Road](#) - by Burnside Park. Please arrive at 7:30pm, the meeting will start at 8pm.

Trips and Events

Watch for upcoming trips details on Facebook and the CUC website. Join CUC Messenger for more real time information on CUC trips and events. The temperatures rising there's opportunity for good trips!



Reminder

Oamaru Diving/Fishing Trip

We have been lucky enough to have been invited on a charter boat out of Oamaru. Richie Dawson has volunteered to organise the trip on behalf of the CUC. This exclusive trip is only open to 10 divers and is being held on the 7th of March.

There are possibly 3 reefs to dive on the day and the Skipper, Neville, will do his utmost to give us a full day of adventure. At 06:00am the ropes are thrown from the jetty to ensure you don't miss the boat. It is ideal to travel down the day before. Those heading down on the Friday have been invited to the Working Men's Club for a very reasonable dinner.

The cost of the charter is \$140 per person with lunch and afternoon tea provided. You get to keep what you catch within your recreational limits. And it's a great opportunity to dive and fish in a spot that not many of us get the opportunity to get to.

To confirm your spot, contact Richie on r.ddawson@yahoo.co.nz. Payment for the charter in full will confirm your place and first in, first aboard. This trip will be one not to be missed.

Details:

Date: 7th March 2020 - boat leaving at 06:00am (it is advised to travel down on the Friday to ensure you are rested and don't miss the boat in the morning).

Location: Multiple spots around Oamaru coast line

Cost: \$140 for the charter plus accommodation, travel and extra meals.

RSVP: Email Richie on r.ddawson@yahoo.co.nz

Trip to Peraki Bay

On the trip to Peraki Bay, Chris King, Ian Waite and Micheal Lester set out on Saturday the 25th January for a dive and ended up with some beaut crays. 7:30am departure from Tai Tapu store, over to Duvauchelle's boat ramp to be launched and boated round to Peraki Bay. Chris said, "A great dive, visibility was about 3 metres, was surprised to be back in Rangiora at 2:30."



Recipe:

Spiced fish with mango and herb salad

Ready in just 30 minutes, this family-friendly fish dinner has fresh summer flavours and will be a hit with all.

Step 1

Combine yoghurt, cucumber, garlic and half the juice in a bowl. Season. Set aside.

Step 2

Make Spice Mix.

Combine all ingredients in a bowl. Season.

Step 3

Toss fish in spice mix. Shake off excess. Transfer to a plate.

Heat 2 1/2 tablespoons oil in a large frying pan over medium-

high heat. Add fish. Cook for 2 to 3 minutes each side or until cooked through.



Step 4

Meanwhile, heat rice following packet directions. Combine herbs, onion, mango, coconut flakes and remaining juice and oil in a bowl. Season. Divide rice among serving bowls. Top with fish, yoghurt mixture and mango salad. Serve with pickle.

INGREDIENTS

- 200g tub plain Greek-style yoghurt
- 1 Lebanese cucumber, seeded, grated
- 1 small garlic clove, crushed
- 2 tablespoons lemon juice
- 1/4 cup extra virgin olive oil
- 450g packet microwave basmati rice
- 2 cups mixed fresh mint, coriander and parsley leaves
- 2 green onions, thinly sliced diagonally
- 1 mango, sliced
- 2 tablespoons toasted coconut flakes
- Lime pickle, to serve
- 4 x 180g boneless ling fillets

SPICE MIX

- 1/3 cup plain flour
- 1/2 teaspoon ground turmeric

- 1 teaspoon ground cumin
- 1 teaspoon ground coriander
- 1/2 teaspoon garam masala
- 1/2 teaspoon dried chilli flakes

NUTRITION

- 2816 kj
ENERGY
- 28.3g
FAT TOTAL
- 11.8g
SATURATED FAT
- 9g
FIBRE
- 44.5g
PROTEIN
- 92mg
CHOLESTEROL
- 1322mg
SODIUM
- 54.9g
CARBS (TOTAL)

All nutrition values are per serve

LING FILLETS ARE FIRM AND MOIST WITH A MILD FLAVOUR. PAN-FRY, DEEP-FRY, BARBECUE OR BRAISE.

5 SIMPLE STEPS FOR

DIVING SAFETY

Is scuba diving a dangerous sport? No, it's not. In fact, diving is considered to be safer than many other more conventional sports.



1 PLAN THE DIVE, AND DIVE THE PLAN

Planning a dive is vital when it comes to safety.

2 DIVE WITHIN YOUR LIMITS

Under no circumstances should you dive beyond your limits.



3 LOOK AT YOUR GAUGES REGULARLY

This might sound obvious but you'll be surprised how many accidents occur because divers don't just look.

4 VERIFY THE SAFETY OF YOUR EQUIPMENT

Check your equipment before you go diving. Make sure everything has been serviced and maintained properly.



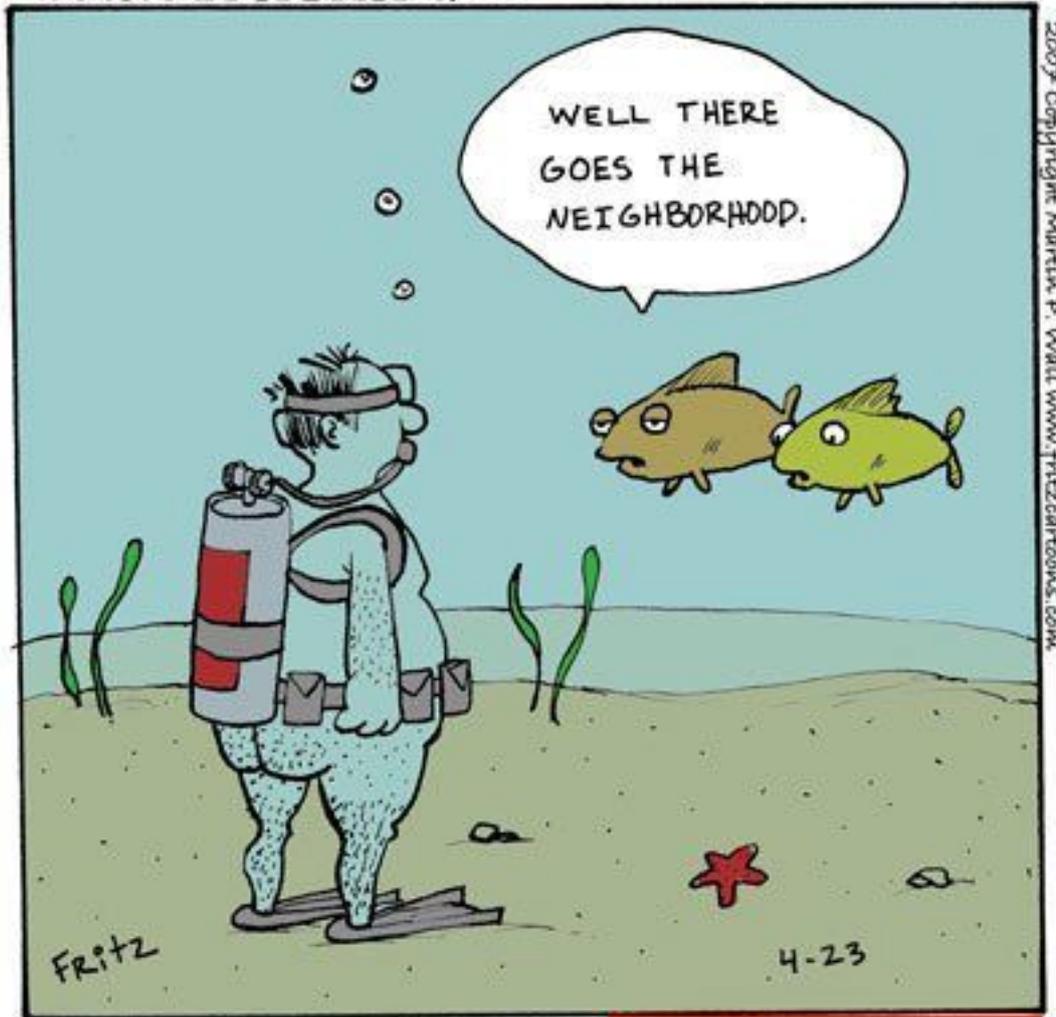
5 MAKE SURE YOU ARE READY TO DIVE

In addition to your equipment, your body needs to be ready to dive. Don't dive if you are feeling ill or otherwise unprepared to dive.

YOU ARE ALMOST GOOD TO GO!

GO TO WWW.DIVEIN.COM
FOR MORE TIPS ON DIVING SAFETY

RACKAfracka by Fritz



2007 Copyright Martin P. Will www.fritzcartoons.com

NUDE SCUBA DRAINROW DIVERS - VIETNAM

General Information

Dive Insurance



The Divers Alert Network (DAN) is your scuba diving safety association. DAN provides protection for scuba divers with Worldwide Emergency Evacuation Coverage (with your DAN Membership) and optional Dive Injury Insurance Plans, for chamber and hospital costs following a covered diving accident.

Joining DAN (Membership and Dive Injury Insurance) gives you peace of mind. It allows you to enjoy your scuba diving knowing you will be looked after in the event of a diving incident, wherever you are in the world, 24-hours a day, 7 days a week.

Why DAN? With 30+ years' experience helping sick and injured scuba divers worldwide, DAN are the experts in diving accident management. Visit <http://www.danap.org/> for more information.

Committee Notices

Entertainment Books



The 2019 | 2020 Entertainment™ Books and Entertainment™ Digital Memberships available soon!

Discover thousands of valuable, up to 50% off and 2-for-1, offers for many of the best restaurants, cafés, arts, attractions, hotels, travel, shopping and much more – choose your way with the following:
The traditional Entertainment™ Book Membership that comes with the Gold Card and vouchers.

The Entertainment™ Digital Membership that puts the value of the Entertainment™ Book into your iPhone or Android smartphone! The NEW 2019 | 2020 Christchurch Entertainment™ Memberships sell for just \$70 and you'll receive over \$20,000 in valuable offers you can use until 1 June 2020.

20% of every membership sold contributes to our fundraising. Help us achieve our goal by sharing this link with your Friends and Family. Thanks for your support!

Please contact Wayne Lester at wnjlester@gmail.com for a hard copy of the book. Alternatively, you can go online <https://www.entertainmentbook.co.nz/orderbooks/1343k43> to get your digital copy and help support the club's fundraising efforts!

We would like to extend a huge thank you to Wayne for taking on the task again this year!

Links

For member and lodge booking information and upcoming event information check out our website:
<http://www.canterburyunderwater.org.nz>

Also visit our Facebook page for the latest trip reports and other news!
<https://www.facebook.com/CanterburyUnderwaterClub>

Oxygen Administration

If any members are interested in doing the oxygen Administration course at a discounted price, please let the committee know. Please note that the oxygen kit is available for use by members trained in oxygen administration. Please contact Wayne if you want the oxygen kit for upcoming trips.



Canterbury Underwater Club Inc - Lodge Information

The Canterbury Underwater Club Lodge offers a fantastic facility to both members and non-members with dedicated boat parking, dive gear washing facilities, fish filleting stations, crayfish cooker, BBQ and a fully equipped communal cooking and living area.



The main building can sleep a maximum of 20 people in its five rooms (1 to 5) specific rooms can be requested when booking but may change to accommodate the numbers of persons in a party.

The Annex rooms (11 to 16) can sleep up to 16 people and will usually be reserved for members only unless the entire Lodge has been booked for a Group. See bed layout at this link:

[Lodge Layout 2018](#)

The lodge accommodation is not normally available to non-members during holiday weekends and the Xmas holiday period, however this may be dependent on member demand.

PLEASE NOTE: While pillows with pillowcases and bottom sheets are provided, you need to bring your own bedding. A laundry fee of \$5 per person per stay is required to cover the cost of commercially laundering the CUC sheets after your stay. This is payable at check in when picking up the key.

Member Rates

Members and Partners	\$15.00 per person per night
Child 5-17 years	\$5.00 per child per night
Child Under 5	Free

Member Cancellation Policy

Prior to mid-day on the day of arrival	No Charge
Later than mid-day on the planned day of arrival	1 night charged

Cancellation of a booking for a holiday weekend must be done 3 days prior to the planned day of arrival or a two night penalty charge will apply if the beds booked cannot be re-let. The booking agent will advise the Treasurer and Secretary in these events.

Non-Member Rates

Adult	\$26.00 per person per night
Child 5-13 years	\$10.00 per child per night
Child Under 5	Free

Vouchers can be used for non-members (for a stay when accompanied by a member) but will be redeemed at the non-member price.

Non-Member Cancellation Policy

Cancellation of bookings and refund of deposits will be as per standard motel practice for Groups or Individuals.

Important Lodge Booking and Check in/Check out Information

Bookings are handled by Sam and Lyn Wang. To lessen the impact on them in the running of their own business, we kindly ask that you respect the following instructions:

1. E-mail is the preferred booking method. A contact email address must be given at time of booking.
2. Phone bookings should be made no earlier than midday and no later than 7pm.
3. Please let Sam or Lyn know how many people are in your group so they can allocate beds and also the member/non-member make up of your party.
4. For any group booking, preference is for one person to go to Blue Seas Motel office to pay for all accommodation and to uplift all room keys. (This speeds up the process for all concerned)

5. Payment must be made upon collection of keys and **your membership card must be shown to avail yourself of the member rates** – Vouchers, Cash or Cheque only please, NO EFTPOS.
6. Uplift keys before 8pm; please phone them if you are running late.
7. On day of departure from the lodge the allocated bedrooms must be vacated by 11.30 am. Fitted sheets and pillow cases are to be placed in the baskets in the laundry. Guests may remain on the premises until 5.00 pm.

Blue Seas Motel – Sam and Lyn Wang
222 The Esplanade
Kaikoura 7300

p: 03 319 5441

e: divelodgekaikoura@gmail.com

General Lodge Rules and Obligations for ALL Users

- **No Pets** of any description to be taken onto or into any part of Club Lodge facilities unless the committee receives a request in writing prior to staying in the Lodge and approves pets to be there under special circumstances only.
- Any visiting guests may not over-night at the lodge unless booking and registration is completed at Blue Seas Motel prior to 8.00 pm and it does not interfere with any other persons booking.
- No smoking is permitted at the Club Lodge.
- Alcohol consumption is permitted in moderation.
- **Noise levels are to be kept to a minimum in the evening to be respectful of neighbours and others staying at the lodge. Any complaints may result in loss of bond.**
- Any damage to the facility or contents must be reported immediately to the club treasurer.
- No undersize Fish/Crayfish/Shellfish or excess quota of any species to be kept at the club lodge.
- BBQ and Crayfish Cooker are only to be used outside.
- Clean up when you leave. Leave the lodge as you would like to find it.
- Keys must be returned to Blue Seas Motel on the day of departure, lost keys will incur a \$25.00 fee.
- Please direct any complaints (other than minor booking issues), suggestions or issues with the lodge facilities to a committee member.
- **A deposit and a bond may be payable for larger groups and non-members. You will be advised by email once your booking request is submitted.**

These conditions of use of the Lodge are authorized by the President, Treasurer, and Secretary of the Canterbury Underwater Club Inc.

Signed on behalf of the executive of the committee:

Mark Buckland – Treasurer. See Link: [Treasurer](#)

Dated: 01-06-2015

Updated 21-03-2019



Committee Members 2018 – 2019

Committee members are here to help if you have any questions about the club or any of our facilities.

	Position	Name	Contact Details
	President	John Schurink	m: 021 531 993 e: president@canterburyunderwater.org.nz
	Vice President/Trips Coordinator	Michael Lester	e: michael.lester82@gmail.com
	Secretary	Warren Kelly	p: 03 359 9207 e: warliz@slingshot.co.nz
	Treasurer	Mark Buckland	p: 03 322 9335 m: 027 706 5516 e: treasurer@canterburyunderwater.org.nz
	Trips Coordinator	Position Vacant	
	Committee	Chris King	p: 027 747 6591 e: rsawn31@hotmail.com
	Committee	Glenn Bolton	e: glenn@lens.co.nz
	Assistant Lodge Custodian	Ian Waite	p: 03 308 8866 m: 021 355 379 e: ianwaite@canterburyunderwater.org.nz
	Editor	Olivia King	e: editor@canterburyunderwater.org.nz



“Whew! That was close!
We almost decided something!”



DECEMBER 2019 GENERAL MEETING MINUTES

Chair: John Schurink **Minutes:** Warren Kelly
Date: 10th December 2019 8.00pm
Location: Burnside Bowling Clubrooms

Attendance: 26 members

Apologies: Rod & Jo McKay, Rodney Black, Norman Tipuna.

Previous Minutes:

November General Meeting minutes were taken as read from Newsletter. Moved by Wayne Lester Seconded by Chris Glasson. Passed as correct by majority.

Matters Arising:

No matters arising.

Trips:

Michael Lester reminded members of the Crays for Xmas dive on Saturday 21st December. The trip will be run out of Wainui or Lyttelton. John asked for a member to act as coordinator for this trip as both he and Michael would be out of town on that day. Ian Waite offered to do this. If the weather was not suitable on the Saturday, then Sunday may be an alternative option. John advised that the high tide at Motunau was 1.00pm which may also be an option.

Don Scott drew the members attention to an online program called Cawthron Eye which he recommended to members for viewing sea conditions. Richard Dawson gave a report on the proposed fishing/diving trip out of Oamaru which will be held in February. Also, the trip to Dusky Sound next year.

Michael will get out a notice for the Oamaru trip.

Michael asked members to notify the club editor if they were going diving and had some spare room to enable notices to be sent out.

General Business:

Ian Waite suggested the club should purchase a new BBQ for the Lodge. John advised that the committee could look into that. Mark Buckland reminded members that they must produce their membership card to get club rates at the Lodge – no exceptions. Mark also outlined some housekeeping expectations of members using the lodge over Xmas and the need to always give their full details to the booking office. John asked for a show of hands as to which members owned a boat and who belonged to the Coast Guard. He outlined the advantages of Coast Guard membership in the event that you require a tow home.

A BBQ supper was served, and members enjoyed the remainder of the evening with diving talk.

Raffle results:

The lucky winners were drawn as follows: Glynis Spooner, Wayne Lester, Grant Nicoll, Glynis Spooner, John Schurink, Adrian Colyer, Katrina Alexander, Glynis Spooner, Michael Lester, Chris King.

Meeting Closed at 20.30 hrs